

# Online Law of Attraction Workshop

Where Spirituality and Law of Attraction Meet

Focus: Health and Wellness

**Saturday**

Arizona Time Zone  8 am - 11 am with 15 min Break	Introduction
	Understanding how disharmony is created
	How to determine if you are in alignment with health
	Exercise: Being mindful of your alignment
	Questions and Answers

Arizona Time Zone  12:30 pm - 3:30 pm with 15 min Break	Spiritual Guidance, the Law of Attraction and Health
	Your unique path to healing in a creative world
	Exercise: Asking for guidance
	Exercise: Receiving Messages from your Source
	Exercise: Developing your unique path
	Questions and Answers

**Note:** This is an intuitive workshop so please allow for a natural unfolding of topics and events. Additional topics and questions may need to be addressed more fully. Any topics not discussed will be addressed in the free group coaching/webinar sessions.

Each participant receives 3 months of free group coaching/webinars to help deepen their creative power.



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**Sunday**

Arizona Time Zone 8 am - 11 am with 15 min Break	Raising your Vibration to Health
	Ways to Raise your Vibration to Health
	Developing New Stories
	Multiple Exercises: Create your New Story
	Questions and Answers

Arizona Time Zone 12:30 pm - 3:30 pm with 15 min Break	What Happens as you Raise your Vibration
	Having Fun
	Exercises: Creative ways to have fun
	Developing Routines
	Exercise: Develop your Routine
	Questions and Answers
	Getting additional Help with Next Group Coaching Event

