

Sedona

Law of Attraction Workshop

Where Spirituality and Law of Attraction Meet

Focus: Law of Attraction

Saturday

6 am - 7: 30 am

Qigong Meditation outside, if weather permits (Optional)

9 am - 12 pm
with 15 min Break

Introduction

Spiritual Guidance and the Law of Attraction

Exercise: Receiving Messages from your Source

Basic Spiritual Guidance

Exercise: Understanding Spiritual Guidance Communication

Questions and Answers

1:30 pm - 4:30 pm
with 15 min Break

How stories create our reality

Developing New Stories

Multiple Exercises: Create your New Story

Questions and Answers

Additional Activity

Group Sedona Vortex Meditation
(Max 6 people) - \$100/person

Offered Friday night and Monday morning



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with 15 min Break

Role of the Subconscious Mind

Asking for Spiritual Guidance

Faith and the Law of Attraction

Questions and Answers

1:30 pm - 4:30 pm

with 15 min Break

What Happens as you Raise your Vibration

Having Fun

Exercises: Creative ways to have fun

Developing Routines

Exercise: Develop your Routine

Questions and Answers

Getting additional Help with Next Group Coaching Event

Note: This is an intuitive workshop so please allow for a natural unfolding of topics and events. Additional topics and questions may need to be addressed more fully. Any topics not discussed will be addressed in the free group coaching/webinar sessions. Each participant receives 3 months of free group coaching/webinars to help deepen their creative power.

